



# DO I NEED OCCUPATIONAL THERAPY?

## 3 years to 6 years Fine Motor Milestones Keystone Pediatric Therapy – McKinney



Our Occupational Therapists work with families to provide support in the areas of fine motor development, sensory integration, feeding skills, motor development, environmental exploration, play skills, adaptive behavior, and interaction between the child and others. These may include using therapeutic interventions that address perceptual motor skills, fine motor skills, strength and coordination, sensory integration/ sensory processing and self-care activities. Our Occupational Therapists are committed to helping children reach their full developmental potential and realizing their full range of motion to improve their quality of life.

If you notice that your patient has difficulty with many of these areas please refer your patient to the professionals at **Keystone Pediatric Therapy** for help. Keystone has **speech-language pathologists and occupational therapists** that can assess your child's skills and help them reach these goals. To find out more about our program or to schedule an initial evaluation, call **(972) 548-1990**.

3 Years	4 Years	5 Years	6 Years
<ul style="list-style-type: none"> <li>• Builds a 9 block tower</li> <li>• Imitates a block bridge (copies one that is already built)</li> <li>• Able to draw a + or O after demonstration (does not have to be perfect)</li> <li>• Able to cut on an 8 inch line with scissors</li> <li>• String 8 beads (1 inch)</li> <li>• Colors with a crayon (not using a fist grasp)</li> <li>• Traces a template of a 4-6 inch circle or square</li> <li>• Able to solve a 4 piece puzzle</li> <li>• Able to unbutton a ¾-1 inch button</li> <li>• Able to unlace laces</li> </ul>	<ul style="list-style-type: none"> <li>• Able to button 3-5 ¾ inch buttons</li> <li>• Imitates a 5 block design (copy's one that is already built)</li> <li>• Draw a 3 part man (any 3 parts, pairs count as 1 part)</li> <li>• Able to touch their nose with their index finger and eyes closed</li> <li>• Able to place 20 coins in a box within 1 minute</li> <li>• Traces and copies +, using correct orientation</li> <li>• Tripod pencil grasp</li> <li>• Able to lace 2-3 holes</li> <li>• Able to brush teeth</li> <li>• Washes and dries face independently</li> <li>• Builds a 10 block tower</li> <li>• Able to complete a 6 piece puzzle</li> <li>• Cuts out a 4 inch circle</li> <li>• Able to release an object with full extension of fingers</li> <li>• Able to screw together a threaded object (any size)</li> </ul>	<ul style="list-style-type: none"> <li>• Able to draw a 4 inch triangle with demonstration</li> <li>• Able to cut a straight line</li> <li>• Draws a 4 part man (any 4 parts, pairs count as 1 part)</li> <li>• Attempts to stay within the line when coloring</li> <li>• Able to nest at least 5 boxes in correct size order</li> <li>• Able to draw a 4 inch square with demonstration</li> <li>• Buttons and unbuttons 3-5 ½ inch buttons</li> <li>• Able to lace a running stitch on a card</li> <li>• Able to use a manual pencil sharpener</li> </ul>	<ul style="list-style-type: none"> <li>• Copies a diamond with 4 angles and no dog ears</li> <li>• Able to build steps with 10 blocks and without demonstration</li> <li>• Draws a 9 part man (arms, legs, eyes are counted as a pair, pairs count as 1 part)</li> <li>• Able to button and unbutton a small button without help</li> <li>• Can identify right and left on self</li> </ul>