



DO I NEED OCCUPATIONAL THERAPY?



Birth-3 years Fine Motor Milestones Keystone Pediatric Therapy – McKinney

Our Occupational Therapists work with families to provide support in the areas of fine motor development, sensory integration, feeding skills, motor development, environmental exploration, play skills, adaptive behavior, and interaction between the child and others. These may include using therapeutic interventions that address perceptual motor skills, fine motor skills, strength and coordination, sensory integration/ sensory processing and self-care activities. Our Occupational Therapists are committed to helping children reach their full developmental potential and realizing their full range of motion to improve their quality of life.

If you notice that your patient has difficulty with many of these areas please refer your patient to the professionals at **Keystone Pediatric Therapy** for help. Keystone has **speech-language pathologists and occupational therapists** that can assess your child's skills and help them reach these goals. To find out more about our program or to schedule an initial evaluation, call **(972) 548-1990**.

0-3 months	4-6 months	7-9 months	10-12 months
<ul style="list-style-type: none"> • Opens and closes hand • Grasps items • Holds rattle when placed in hand • Moves rattle slightly when in hand • Follows moving rattle • Turns head slightly when object is close to face • Brings one hand or both hands to mouth • Looks at moving objects across visual field • Reaches for rattle with straight arms 	<ul style="list-style-type: none"> • Grasps rattle that is sitting on the table • Pulls a string on a string toy • Reaches for and grasps piece of paper • Reaches for and grasps cube • Grasps cube with fingers • Shakes or moves when requested • Reaches slightly to the side for a toy 	<ul style="list-style-type: none"> • Shakes rattle up to 3 times • Grasp cube without cube touching palm • Grasps small food using a raking motion • Crumples half piece of paper • Grasps small food using thumb • Bangs objects on table • Pokes into holes with index finger • Claps hands and brings objects to middle • Transfers small items from one hand to the other 	<ul style="list-style-type: none"> • Grasps and holds cube without raking motion • Drops toy or item when requested • Takes off socks • Turns pages of a book • Uses spoon for stirring • Picks up small items and puts them into container • Dumps out containers • Waves bye-bye
15-18 months	24 months	30 months	36 months
<ul style="list-style-type: none"> • Taps spoon • Grasps marker with thumb up and little finger toward paper • Completes 2 piece insert puzzles • Stacks 3 cubes • Begins scribbling with a marker 	<ul style="list-style-type: none"> • Completes 3 piece insert puzzles • Stacks 6 blocks • Copies vertical strokes • Turns pages of a book 1 at a time • Attempts to remove twist top lid • Turns knob to open door • Grasps marker with thumb and 1st finger toward paper 	<ul style="list-style-type: none"> • Stacks 10 blocks • Strings 4 beads • Copies horizontal strokes • Copies basic 4 block pattern • Folds half piece of paper in half • Begins snipping with scissors 	<ul style="list-style-type: none"> • Copies a circle • Copies bridge pattern with blocks • Copies wall pattern with blocks • Screws and unscrews twist top lids • Holds object and uses other hand simultaneously (such as holding paper and writing with a pencil)