



DO I NEED SPEECH THERAPY?

Birth-3 years Speech/Language Milestones

Keystone Pediatric Therapy – McKinney

Our Speech Therapists work with families to provide support in the areas of articulation skills, expressive language development, receptive language development, pragmatic skills, feeding skills, and interactions between the child and others. These may include using therapeutic interventions that address the production of sounds, the speech patterns we use, difficulty planning and coordinating movement of sounds, stuttering, understanding vocabulary/grammar concepts, following directions, expressing wants and needs, and social communication. Our Speech Therapists are committed to helping children reach their full developmental potential and realizing their ability to communicate functionally to improve their quality of life.

If you notice that your patient has difficulty with many of these areas please refer your patient to the professionals at **Keystone Pediatric Therapy** for help. Keystone has **speech-language pathologists and occupational therapists** that can assess your child’s skills and help them reach these goals. To find out more about our program or to schedule an initial evaluation, call **(972) 548-1990**.

0-3 months	4-6 months	7-9 months	10-12 months
<ul style="list-style-type: none"> Makes pleasure sounds (cooing and gooing) Cries for different needs Smiles when sees you Seems to recognize your voice and quiets if crying Startles to loud sounds Increases or decreases sucking behavior in response to sound Visually searches for sounds Turns head when hears a voice 	<ul style="list-style-type: none"> Moves eyes in directions of sounds Responds to changes in tone of your voice Notices toys that make sounds Pays attention to music Babbling sounds more speech-like (may include <i>p, b, m</i>) Chuckles and laughs Vocalizes excitement and displeasure Varies volume, pitch, and rate 	<ul style="list-style-type: none"> Produces several sounds in one breath Recognizes different tones/inflections & some words (e.g., “no”) Repeats emphasized syllables Imitates gestures and tonal quality of adult speech Imitates nonspeech sounds Uses social gestures (waving, holding arms to be picked up, pointing at an object) Uses speech or non-crying sounds to get and keep attention Makes a lot of different sounds like “mamamama” and “babababa” 	<ul style="list-style-type: none"> Imitates adult speech if sounds in repertoire Obeys some commands Imitates inflections, rhythms, facial expressions Mixes word and jargon Has 1 or 2 words (hi, dog, dada, mama) around 1st birthday, although sounds may not be clear Plays games such as “peek-a-boo” Tries to repeat words they have heard Follows simple directions like “pick up the toy”
15-18 months	24 months	30 months	36 months
<ul style="list-style-type: none"> Points to clothes, persons, toys, and animals names Uses jargon and words in conversation Identifies some body parts Has approximately 20-word vocabulary around 18 months Recognizes pictures Begins make-believe play Points to request items/body parts 	<ul style="list-style-type: none"> Puts 2 words together (“more cookie”, “no juice”) Uses many different consonant sounds at the beginning of words (<i>p, m, h, b, d, n, w</i>) Average of 200-300 word expressive vocabulary Copies words/actions Points to things/pictures when they are named Says short incomplete sentences 	<ul style="list-style-type: none"> Short 2-4 word phrases 50% intelligible to an unfamiliar listener Uses pronouns (I, me, you) Asks simple “what”/“where” questions Begins to play with other kids Enjoys pretend play Follows two-step requests (“get the book and put it on the table”) Listens to and enjoys hearing stories Speech is understood by familiar listeners most of the time 	<ul style="list-style-type: none"> Average of 900-1000 word expressive vocabulary Creates 3-4 word phrases Takes turns with others Follows instructions with 2-3 steps Understands words like “in,” “on,” and “under” Uses <i>k, g, f, t, d, and n</i> sounds Says first name and age 75% intelligible to unfamiliar listeners Separates easily from mom and dad